



# ILLAWARRA YACHT CLUB

## Learn to Sail Program 2018/19

- Illawarra Yacht Club junior learn to sail programs on Sunday mornings;
  - Program 1 - **7<sup>th</sup> October to 16<sup>th</sup> December, 2018**
  - Program 2 – **27<sup>th</sup> January to 7<sup>th</sup> April, 2019**
- Cost - \$90 per student per Program.
- Program is aimed at 9 – 15 year olds, (other ages will be considered)
- Our instructors are volunteers who are fully accredited. Due to their own sailing commitments, there may be days with restricted lessons.
- 2 sessions will be run each day;
  - **Beginners: 9am – 11:30am**
  - **Intermediate (previous participants): 9:30am – 12:30pm**  
When ready, they will join the 11am race (finish time may be later)
  - Students are required to be dressed at the designated start time.
  - Lessons will go ahead in all weather conditions. Depending on the conditions, lessons may be given on a larger boat with an instructor on board or inside if the weather is too unpleasant.
- **What is required?**
  - **Personal Floatation Device** (Buoyancy vest).
  - **Warm clothing** for on water activity.
    - Warmer than on shore clothing.
    - Wetsuits are ideal but not required.
    - Long sleeve / long leg is recommended (due to Jellyfish).
  - Shoes that can get wet (Booties are very good)
  - Sun protection: Hat and Sunscreen.
  - Towel and change of clothes.
- We encourage parents to stay during lessons and help where possible.
- Competent parents can also lease club boats to join in club racing.
- Contact Club Coach – Phil Bower, 0407 401 860  
[phil.bower@hotmail.com](mailto:phil.bower@hotmail.com)